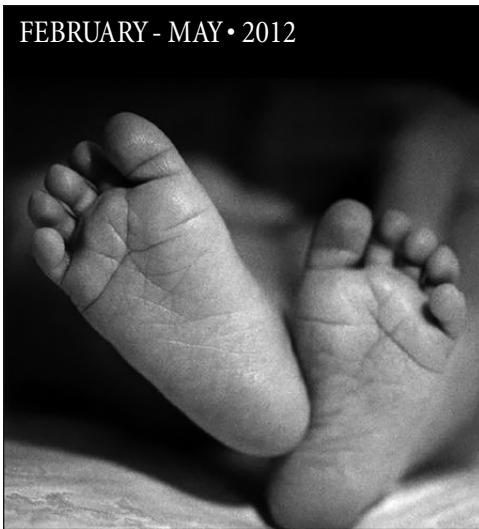


FEBRUARY - MAY • 2012



Warwick-Warminster

Nursing Mothers

is one of four local chapters
of the Nursing Mothers Advisory
Council (NMAC). NMAC is a
non-profit, volunteer organization
serving areas of Bucks, Montgomery
and Philadelphia counties in
Pennsylvania.

Warwick·Warminster Nursing Mothers



MEETINGS CALENDAR

• Sat, Feb. 18th • 7pm

Comedy Cabaret in Doylestown

Parenthood is tough and you deserve a break! Join us for a night of laughs at the Comedy Cabaret above Pocos Restaurant in Doylestown (625 Main St, 18901).

Tickets are \$20 and Comedy Cabaret is donating a portion of ticket sales to our group. Please go to www.comedycabaret.com/funnyfundraisers.html to purchase your ticket. All over 21 are invited. Scroll down to Feb 18th and then click on the Buy Now link next to Warwick-Warminster Nursing Moms!

• Fri, Feb. 24th • 12pm *Warminster library*

What I eat - My baby eats, is it true?

Contrary to popular belief, most babies are fine with any food that moms eat, however, many moms restrict their diets when breastfeeding. Come learn how to determine if your diet is bothering your baby. As always, counselors will be on hand to answer any questions you may have.

• Tues, March 27th • 6pm *Warminster library*

Nursing a Toddler

Are you breastfeeding a toddler or thinking about it? Toddlers have different needs than infants - come join us to discuss the fun and challenges of nursing a toddler. All of our meetings are informal and all are welcome. Bring your baby or toddler! Snacks will be provided.

• Fri, April 27th • 12pm *Warminster library*

Open Forum

Do you have a breastfeeding question you've been meaning to ask about? Are you looking for a place to get out with your baby or toddler? Come join our counselors at our open forum meeting! All of our meetings are informal and all are welcome. Snacks will be provided. Hope to see you there!

Our Meetings are for You!

You know how important breastfeeding is for you and your baby. Meet other moms who share your interests and concerns. Of course your baby, baby's dad, grandparents, friends, and siblings are always welcome. Meet your counselor and make new friends.

Our meetings are held at the **Warminster Public Library**, located at 1076 Emma Lane, Warminster, PA 18974 just off York Rd. at Norristown Rd.

Counseling

Would You Like A Counselor? Do you or someone you know need a counselor? Contact our referrals coordinator, Monika Buczko at mdbphoto@hotmail.com for help.

Join Us - Be A Counselor! We welcome any mom who has breastfed for at least six months to join us as a volunteer counselor. Because of your busy schedule, NMAC has adapted our training class to fit your needs. Attend just five classes and do the rest from home! Contact Monica Baxter at 215.489.2582 for more information.

Join Our Email Distribution List!

If you would like to sign up for our email distribution list, please send an email to wwnursingmoms@yahoo.com. We use the list to send out reminders about upcoming meetings and events. It is for internal use only. Your information will not be shared with anyone else.

Are Your Name and Address Correct? If your name or address is not right on your mailing label, please call Monica Baxter at 215.489.2582 or email her at monb1@verizon.net. She will be happy to make the corrections.

Warwick/Warminster Nursing Moms is now on **Facebook!** Find and "like" us at www.facebook.com/WW.nursing.moms



Warwick-Warminster
Nursing Mothers
of the
NURSING MOTHERS ADVISORY COUNCIL

Support Nursing Mothers

NMAC is a non-profit organization and there is never a fee for our services. Fundraising is our only means of support, so your tax-deductible donations are always welcome. Your donations are used to produce and mail our newsletter, send out information packets and purchase pamphlets and literature for our moms. *Your support of Warwick-Warminster Nursing Mothers is always greatly appreciated.*

- **Support Warwick-Warminster Nursing Moms with eScrip.** Our escrip number is for everyone! Just go online to www.escrip.com. Search for us by our group ID #150540850; eScrip then sends us a percentage of your purchase as a donation for our group. Your friends and family may also sign up. You can even add certain credit cards such as Visa, MasterCard and Discover.



Order Your Own Personalized Baby Quilt!

Looking for a special way to preserve the memories of your little one? How about a handmade pillow or quilt using your Child's own clothes?

Contact Monika at mdbphoto@hotmail.com.
*All proceeds will be used to sponsor NMAC,
Warwick-Warminster Chapter.*

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or email DeWittDesign@comcast.net

Questions about Breastfeeding?

Contact us...

C O U N S E L O R S

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