



Nursing Mothers Advisory Council, Inc.

A non-profit organization offering information and support to breastfeeding mothers

Abington Nursing Moms • Doylestown Nursing Moms • Mt. Airy-Chestnut Hill Nursing Moms • Warwick-Warminster Nursing Moms

COUNSELOR TRAINING COURSE REGISTRATION INFORMATION

The NMAC counselor training course is designed to prepare students to counsel with one of our four local NMAC chapters. NMAC counselors must have breastfed for 6 months or more to take the course. Non-NMAC breastfeeding counselors as well as medical professionals are welcome to take our course for an additional fee.

DATE and TIME: MARCH 15, 2012 – MAY 10, 2012

The nine-week course will be held on five Thursday evenings from 7:00 p.m.–10:00 p.m.: March 15th, March 29, April 12th, April 26th, and May 10th. The other 4 weeks of class will be completed at home through homework assignments. You must be able to attend all five in-person classes and have internet access to take the course.

LOCATION: Class will meet in the Willowood Building, Suite 251 at Abington Memorial Hospital Medical Center complex on Maryland Road in Willow Grove. (Maryland Road intersects with Route 611 just south of the PA Turnpike at Willow Grove.) Address: 2510 Maryland Road, Willow Grove, PA 19090. Please note: the class is NOT located at Abington Hospital.

CLASS TEXT: *Breastfeeding Answers Made Simple: A Guide for Helping Mothers* by Nancy Mohrbacher is the required text book for this course (approx \$80). We recommend that you purchase the book on your own (e.g., through Amazon) so you will have it as a resource after class. However, if you will be counseling with a local NMAC chapter, you may borrow the book from NMAC but you must return it at the end of the course.

FEE SCHEDULE

	<i>Registration Fee <u>on or before</u> 2/23/12</i>	<i>Registration Fee <u>after</u> 2/23/12 (but <u>on/before</u> 3/1)</i>
Student will counsel with local NMAC chapter	\$75	\$100
Student will counsel with <u>non</u> -NMAC group	\$150	\$175
WIC/Doula/Medical Professional	\$200	\$225

Registrations postmarked after February 23, 2012 will incur a late fee (see fee schedule above). Registrations will **not** be accepted after March 1, 2012.

Please complete both the registration form and volunteer application and mail with your check payable to “NMAC” to: Tara Bernabe, 3857 Robin Road, Furlong, PA 18925

Questions? Please check with your local NMAC Chapter Coordinator or call Tara at 215-794-9852 or email: tarabernabe@hotmail.com

Financial assistance may be available to prospective NMAC counselors. Please contact your local chapter coordinator before submitting your registration.



Nursing Mothers Advisory Council, Inc.

A non-profit organization offering information and support to breastfeeding mothers

Abington Nursing Moms • Doylestown Nursing Moms • Mt. Airy-Chestnut Hill Nursing Moms • Warwick-Warminster Nursing Moms

January 4, 2012

Dear Volunteer,

Thank you for your interest in taking our NMAC training course. Our local chapters depend on caring volunteers like you to promote breastfeeding as a source of knowledge for moms and their families!

NMAC is a fun and energetic group that loves to welcome new counselors and non-counseling volunteers alike! We look forward to meeting you and learning more about you! Please feel free to attend any of our monthly volunteer or moms' meetings.

Please send your training course registration form, volunteer application, and registration fee to Tara Bernabe by **February 23, 2012**. The remittance address is on the registration form.

Please feel free to contact me if you have any questions or concerns.

Thank you, and we look forward to seeing you soon!

Sincerely,

/s/

Tara Bernabe
President, NMAC
tarabernabe@hotmail.com
(215) 794-9852